

## BIKEABILITY PARENTAL CONSENT FORM

**WHAT IS BIKEABILITY?** Bikeability is the national cycle training programme supported and funded by the Department for Transport. The course builds the skills and confidence of children who can already ride. Bikeability can not only make children better cyclists - potentially for the rest of their lives - but can help with general confidence and independent thinking. All of our Bikeability training is delivered by qualified, professional, DBS checked National Standard Instructors. Visit [www.bikeability.org.uk](http://www.bikeability.org.uk) for more information



**Level 1** takes place in an off road environment and teaches riders how to control and master their bikes



**Level 2** gives participants on-road experience in residential traffic to help them prepare to make short journeys by bicycle

COURSE INFORMATION	WHAT WILL YOUR CHILD NEED?
Bikeability Level (s) – 1+2 Number of sessions – 4 Dates – 2019/20 – Year groups – 5 or 6 Timing – Cost – Free	<ul style="list-style-type: none"> <li>• A complete consent form (see section overleaf)</li> <li>• A roadworthy bike without stabilisers (see checklist overleaf)</li> <li>• A helmet</li> <li>• Suitable clothing for the weather conditions</li> </ul>

**FURTHER INFORMATION FOR PARENTS** This course develops the cycling skills and confidence of children who can already cycle. Please ask your school about Bikeability Balance and Bikeability Learn to Ride if your child can't already cycle. To benefit from Bikeability, your child must attend every session and practice what they learn after training. Bikeability skills and confidence will be lost without regular cycling. Bikeability engenders enthusiasm while building skills and confidence to cycle more safely, more often. Please support and encourage your child to continue cycling after training.

**FREE HALFORDS BIKE CHECK, DISCOUNT VOUCHER AND PRIZE DRAW** Below we show you how to safety check your bike, however why not also get a professional mechanic to check over your bike free of charge, through our exclusive partnership with Halfords, the nation's biggest cycling retailer? All you need to do, to receive some amazing incentives, is register at: [bikeability.org.uk/participants-hub](http://bikeability.org.uk/participants-hub)

**REGISTER NOW TO RECEIVE THE FOLLOWING FROM HALFORDS:**

1. A free bike safety check by a trained mechanic at all stores nationwide
2. A voucher with money off incentives (exclusive money off discounts for Bikeability participants and their families)
3. Entry into a prize draw to win a free Carrera kids bike

Once registered you confirming your free

**Pre-course bike safety check**

Visit Halfords online safety check [www.halfords.com/cycling/bike-maintenance/care-plans/free-bike-check](http://www.halfords.com/cycling/bike-maintenance/care-plans/free-bike-check)

will receive an email offers.

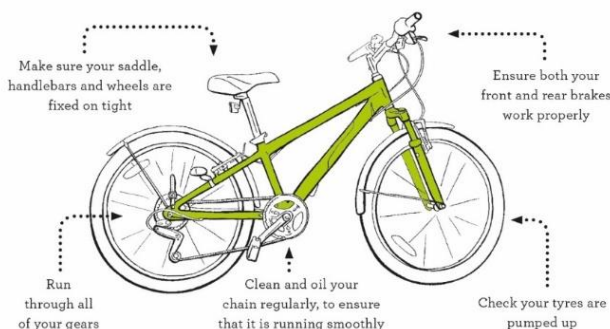
Remember your...

**A**  
AIR

**B**  
BRAKES

**C**  
CHAIN

before every ride





## BIKEABILITY PARENTAL CONSENT FORM

**PARENT/ GUARDIAN – CONSENT FORM** Please read the following information before completing and returning the consent slip to your child’s school. I understand that:

1. I agree to my son/daughter taking part in cycle training
2. My son/daughter can already ride (may be refused if not)
3. The instructors may refuse to train my child if they deem his/her personal cycle to be unroadworthy (Active Tameside provide bike if needed)
4. It remains my responsibility to ensure my child does not ride an unroadworthy personal bike and if I am in doubt as to whether a cycle is roadworthy I should seek the advice of a professional mechanic
5. Instructors may at any time refuse to continue to train my child if his/her behaviour or cycling ability is deemed unsuitable
6. Active Tameside will not be responsible for any injury or liable for any loss or damage to participant’s personal cycles and other belongings
7. Active Tameside is not responsible for your child’s journey to and from school if they choose to bring their own bike
8. I agree my child has to wear a helmet (Active Tameside will provide helmet if needed)
9. I consent to the Bikeability instructor ‘adjusting’ my child’s helmet if required, however I confirm they are not responsible for the physical condition or appropriate fitting of the child’s personal helmet
10. I understand that pupil data collected will be used to support the delivery and monitoring of training sessions/courses. See [bikeability.org.uk/privacy-statement/](http://bikeability.org.uk/privacy-statement/) for further details
11. I agree to encourage my child to practice between each session and after the completion of training

I confirm that I have read all the information enclosed and in the ‘Parental Consent Form’ and consent to my child (or the below child for whom I take responsibility) to take cycling lessons and related activities, which may include cycle maintenance as well as riding on the public highway. I understand that this information is retained by my child’s school and used to ensure my child is eligible to undertake Bikeability training

Full Name of Child:	
School:	
School Year:	
Are there any medical/ educational needs we need to be aware of?:	
Signed (parent/guardian) :	
Date:	

Photographs may be taken during the course to document events, activities and for promotional purposes. If you are happy for your child to be included in these photographs please tick here.

Under the Data Protection Act 2018 we have a duty to protect any information that we collect from you Active Tameside may wish to contact you in the future with details of new activities, if you are happy to receive this information please tick this box.

**If you have any queries or questions please contact Mike Jones, Service Development Officer at Active Tameside on 07854772412.**

**Thank you for taking the time to complete this form.**



[www.bikeability.org.uk](http://www.bikeability.org.uk)