

SEX AND RELATIONSHIPS EDUCATION Primary Curriculum

OVERVIEW

CORE THEME	Suggested learning outcomes
HEALTH AND WELLBEING	<p>H6. To deepen their understanding of good and not so good feelings, to extend their vocabulary to enable them to explain both the range and intensity of their feelings to others</p> <p>H18. How their body will, and their emotions may, change as they approach and move through puberty</p> <p>H19. About human reproduction</p> <p>H24. The responsible use of mobile phones: safe keeping (looking after it) and safe user habits (time limits, use of passcode, turning it off at night etc.)</p>
RELATIONSHIPS	<p>R2. To recognise what constitutes a positive, healthy relationship and develop the skills to form and maintain positive and healthy relationships</p> <p>R3. To recognise ways in which a relationship can be unhealthy and whom to talk to if they need support</p> <p>R4. To recognise different types of relationship, including those between acquaintances, friends, relatives and families</p> <p>R13. That differences and similarities between people arise from a number of factors, including family, cultural, ethnic, racial and religious diversity, age, sex, gender identity, sexual orientation, and disability (see 'protected characteristics' in the Equality Act 2010)</p> <p>R16. To recognise and challenge stereotypes</p> <p>R17. About the difference between, and the terms associated with, sex, gender identity and sexual orientation</p> <p>R18. How to recognise bullying and abuse in all its forms (including prejudice-based bullying both in person, online and through social media)</p> <p>R21. To understand personal boundaries; to identify what they are willing to share with their most special people; friends; classmates and others; and that we all have rights to privacy</p>