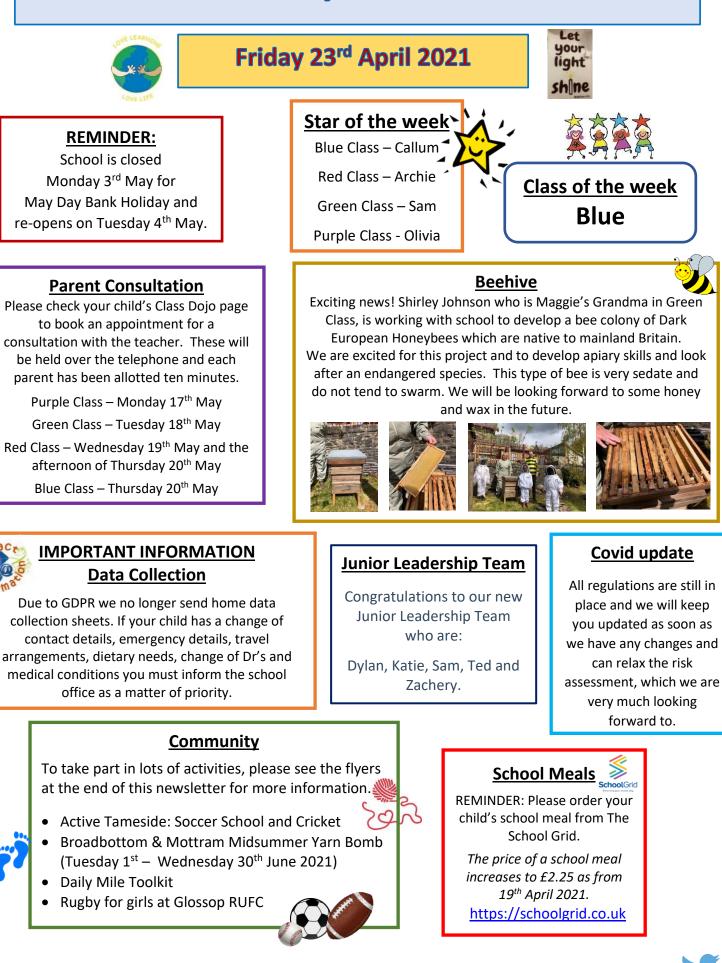
Broadbottom C of E Primary School Weekly Newsletter



@broadietweets

Parking

Plea to all parents. We continue to ask for your cooperation in safeguarding all our children as they arrive and leave school.

Please do not turn right at the top of the path. This is a private road for residents only.



easyfundraising.org

You can now support Broadbottom Primary School School on **#easyfundraising!**

When you sign up as a supporter, 4,600 shops and sites will donate for free, every time you shop online.

This includes all the big names like eBay, John Lewis & Partners, Argos, ASOS, Expedia, M&S, Just Eat and many more!

https://www.easyfundraising.org.uk/causes/broadbottompta



"All the safety measures in place in our schools will maximise their safety. I'd urge parents and carers to do all they can too by please not mixing with other households and following restrictions outside the school gates so that schools can stay open and children can attend without further disruption."

Clir Leanne Feeley Executive Member for Lifelong Learning Ite and Glossop





Broadbottom & Mottram Midsummer Yarn Bomb

Decorate our villages with pompoms, crochet garlands, and knitted buntings! Knit our community together and spread some woolly happiness!

1st - 30th June *Find us on Facebook* # broadbottomandmottrammidsummeryarnbomb

Door/gate decorations £3 each all money goes to Broadbottom Primary School, call 07767014036 to order.

5 Ways to Wellbeing

CONNECT- building connections with family, friends, colleagues or neighbours can support and enrich you every day. Encourage them to join you on a GM Daily Mile, and make your walk more fun and enjoyable.

KEEP LEARNING- trying or learning something new or visiting somewhere new can increase your confidence and your self-esteem, as well as being fun. Walking a Daily Mile can help you see new things where you live, and further away.

BE ACTIVE- moving makes you feel good, whatever the activity. It helps to release feel good hormones which support your overall wellbeing. Simply putting one foot in front of the other, moves you from inactive to active. A GM Daily Mile can give you a real feeling of achievement and satisfaction.

GIVE- Giving time or words to others is proven to support wellbeing. Being involved with your community and creating connections with people can be rewarding. Inviting others to walk with you, or sharing a smile and saying hello to other walkers will give you a positive sense of self.

TAKE NOTICE enjoying the moment, being aware of the here and now and noticing the world around you can help you appreciate what matters. Being mindful of the present helps you to feel grounded. A GM Daily mile can take you away from your daily routine and stresses. A perfect chance to switch off and enjoy a nice stroll.

@GMWalks #GMDailyMile
#GMWalking #ActiveWorkplaces









U13s and below Starts Fri 16th April (weekly) Led by Dave Leighton, Lancashire County Coach and Phil Baldeston Email pidouse@hotmail.co.uk or call 07399595799

For more information.

