Key Stage 1 : Year One

## SEX AND RELATIONSHIPS EDUCATION Primary Curriculum OVERVIEW

CORE THEME	Suggested learning outcomes
HEALTH AND WELLBEING	H10. The names for the main parts of the body (including external genitalia) and the bodily similarities and differences between boys and girls
	H13. About people who look after them, their family networks, who to go to if they are worried and how to attract their attention
RELATIONSHIPS	R3. The difference between secrets and nice surprises (that everyone will find out about eventually) and the importance of not keeping any secret that makes them feel uncomfortable, anxious or afraid
	R9. To identify their special people (family, friends, carers), what makes them special and how special people should care for one another
LIVING IN THE WIDER WORLD	L3. That people and other living things have rights and that everyone has responsibilities to protect those rights (including protecting others' bodies and feelings; being able to take turns, share and understand the need to return things that have been borrowed)
	L10. About the 'special people' who work in their community and who are responsible for looking after them and protecting them; how people contact those special people when they need their help, including dialling 999 in an emergency.