**Broadbottom CE (VC) Primary School**



**“Let your light shine.” Matthew 5:16**

Physical Education Policy

(School)

Signed:…………………………………………..

 Dated:…………………………………………….

**MISSION STATEMENT**

At Broadbottom CE Primary we are extremely proud of our Christian Community School. We welcome everyone, embrace individuality and nurture and empower our pupils. We do this through an engaging curriculum that promotes faith, understanding and skills and is underpinned by Christian and British Values.

**We…**

* Love God, the world, each other and ourselves.
* Cherish our pupils and act as their champions**.**
* Provide safe yet challenging opportunities to learn, blossom and grow.
* Surround ourselves with fun, laughter, positivity and happiness, creating a place where memories are made.
* Trust each other to act with integrity and to forgive when we make mistakes.
* Love Learning and Love Life.
* Are creative in our thinking, outlook and approach
* Communicate effectively
* Have time and patience to develop minds
* Discover individual sparks to let everyone’s light shine.
* Nurture a love of learning and a belief in oneself.

**School Vision**

Broadbottom CE Primary School promises to provide a happy, safe, Christian environment for all pupils to flourish and develop talents, interests, excellent learning attitudes and behaviours.

Our intention is for the learning journey to maximise full academic, social, emotional, and physical potentials. We aim to develop life skills, tolerance, and resilience, in a school environment that cherishes individuality and positively encourages pupils to shine.

**“Let your light shine,” Matthew 5:16**

With Christianity at the heart of our intentions, we aim to:

* Strengthen the spirituality of staff and pupils, whilst creating a culture of high expectations, that is mindful of health and wellbeing
* Provide high quality teaching and learning, that develops individual potential and enriches pupil’s lives
* Engage in partnerships that support and serve the school community
* Continue to review and challenge the curriculum for our pupils, to ensure it is relevant for their future workforce needs
* Continually improve performance through evaluation of practice
* Equip children and families with the knowledge, skills, independence, and resilience to face future challenges
* Instil traditional values of hard work, courtesy, respect, and good behaviour
* Nurture an understanding of how special and unique we are in the eyes of God
* Broaden our knowledge and understanding of world issues and develop courageous advocates who will help others shine
* Link our heritage with overseas charities to support others, as our local community has been supported in the past

**Aim**

At Broadbottom CE (VC) Primary we aim to ensure that every child has a minimum of 2 hours Physical Education each week delivered by specialist sport coaches employed by Active Tameside.

We have chosen Active Tameside, because they provide a high-quality physical education curriculum, inspiring all pupils to succeed and excel in competitive sport and other physically demanding activities. This offers opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect. The programme fully integrates the national curriculum for physical education and aims to ensure that all pupils:

 • Develop competence to excel in a broad range of physical activities,

• Are physically active for sustained periods of time,

• Engage in competitive sports and activities,

• Lead healthy, active lives,

• Understand the purpose of good nutrition values.

Through the PE curriculum, pupils will develop physically, socially, emotionally and creatively. They will have good physical literacy to be able to lead a healthy, active lifestyle.

**At Broadbottom Ce (VC) Primary, pupils will:**

* aspire to achieve personal and shared goals
* develop key leaderships skills
* work as a team
* solve problems
* understand the importance of leading a healthy lifestyle
* develop a sense of fair play and team spirit

**Schemes of work**

All programme elements in the PE national curriculum are provided by Active Tameside for each year groups. Pupil Attainment and Development Progress assessments are completed each half term for every pupil and discussed with the PE subject lead and class teachers. This forms the basis for an end of year PE report examining pupil development and individual attainment against the PE national curriculum assessment framework

**Physical Education in Early Years**

Pupils in Early Years are taught by a specialist sports coach and receive a sports lesson and or dance/gymnastics each week. Pupils develop their fine motor skills to handle and share resources.  Gross motor skills are developed throughout continuous provision daily. Pupils become more independent with self-care, hygiene and begin to understand the importance of being healthy.

**Physical Education in KS1**

Pupils in Early Years and KS1 are taught by a specialist sport coach, twice a week. Pupils receive a sports lesson and dance or gymnastics to develop fundamental skills, including motor skills, balance skills and ball control. Pupils learn these skills through the enjoyment of dance, gymnastics, invasion games, target games and net and wall games.

**Physical Education in KS2**

Pupils in KS2 are taught by a specialist t sports coach twice a week and receive a sport lesson and dance or gymnastics. Pupils continue to develop key fundamental skills, focusing more specifically on individual sports, such as tag rugby, cricket, tennis. dodgeball and hockey.

**After School Offer**

At Broadbottom CE (VC) Primary schools we are keen to encourage pupils to participate in and enjoy enrichment through additional sporting opportunities. Throughout each term afterschool sport takes place and pupils have the opportunity to attend , dance, cheerleading, football, ruby, multi sports dodgeball, archery and cricket.

**Competitions**

Pupils compete annually in a Tameside cheerleading competition, a football league, and Cheshire Cricket Board matches.

**Bikeability**

At Broadbottom CE (VC) Primary we want our pupils to have the skills and confidence to cycle on today’s challenging roads.

Each year Blue Class participate in Bikeability cycling proficiency for the 21st century, which is designed to give pupils an understanding of cycling road rules in real time situations.

Bikeability consists of four two-hour sessions run over two consecutive days, teaching cycling manoeuvres, signalling and road safety. Pupils complete Leve1 and Level 2 and will be proficient to

* cycling on single-lane roads and simple junctions with mostly moderate motor traffic flows (where riders encounter vehicles with progressively greater frequency in each module),
* prepares riders for cycling on more complex, often busier, or faster roads and junctions.

**Swimming**

Swimming and water safety is a vital part of the primary PE curriculum and is a statutory element of the National Curriculum for Physical Education. At Broadbottom CE (VC) Primary School we enable all pupils to leave having achieved swimming competency

National Curriculum outcomes state, each pupil is required to be able to do the following:

• Perform safe self-rescue in different water-based situations,

• Swim competently, confidently, and proficiently over a distance of at least 25 metres,

 • Use a range of strokes effectively eg. front crawl, backstroke, and breaststroke.

Each year pupils in Year 3/4 attend a term of swimming lessons with Active Tameside and included are pupils from year 5/6 who are underachieving in swimming. This gives pupils who have not met the National Curriculum outcomes a further opportunity to be able to swim before they leave.