

PSHE Long Term Plan						
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Self-regulation - My feelings	Building relationships: Special relationships	Managing self: Taking on challenges	Self-regulation, listening and following instructions	Building relationships: my family and friends	Managing self: my well-being
Year 1 & 2	Families and relationships	Health and wellbeing	Safety and the changing body	Citizenship	Economic Wellbeing	Transition
Year 3 & 4	Families and relationships	Health and wellbeing	Safety and the changing body	Citizenship	Economic Wellbeing	Transition
Year 5 & 6	Families and relationships	Health and wellbeing	Safety and the changing body	Citizenship	Economic Wellbeing	Identity Transition